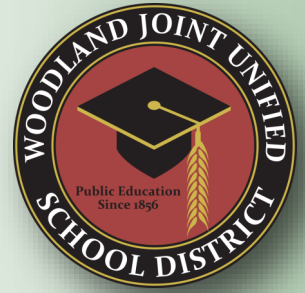




Family Empowerment

Presents:

Parent Project Sr.



Are you raising a tough adolescent over the age of 10?

Your Concerns Are Our Focus

- Arguing, Backtalk, Family Conflict
- Poor School Performance
- Truancy and Dropping Out
- Influence of Social Media and
- Technology
- Early Teen Sexuality: "Hooking Up"
- Drug Use by Teens and Pre-Teens
- Gang Involvement
- Teen Violence and Bullying
- Those Dickey Peer Associations
- Running Away and Breaking Laws

**When facing the toughest adolescent behaviors, parents need three things:
desire, information, and emotional support.**

Give us 30 hours, it will change your life!

The Parent Project Sr. provides all three elements in a **10-week** workshop that will build a foundation
your child cannot shake!

Week 1—UNDERSTANDING OUR CHILDREN

Week 2—ADDRESSING PROBLEMATIC BEHAVIOR

Week 3— PARENT’S FORMULA FOR SUCCESS

Week 4—ADOLESCENT DRUG USE

Week 5—THE OUT-OF-CONTROL CHILD

Week 6—CONSIDERING RELATIONSHIPS & DEVELOPING ACTION PLANS

Week 7— FINDING HELP & SUPPORT

Week 8—THE DYNAMICS OF CHANGE

Week 9—MANAGING CONFLICT IN THE HOME

Week 10—ACTIVE LISTENING

Because the principles taught in this course build upon each other, drop ins are not permitted.

We highly recommend that all 10 weeks are attended.

Series starts: Wednesday, September 12 at 6:00 p.m.

**CHILDCARE AND DINNER
PROVIDED.**

Doors open at 5:30 PM



We are here to help! Join us at:

WJUSD

District Office Boardroom

435 Sixth Street

Woodland, CA 95695

For more information or to **register** please contact:

Cindy Noriega 530-406-3169 cindy.noriega@wjusd.org

Gricelda Cardenas 530-406-3186 gricelda.cardenas@wjusd.org

Please visit our website: www.wjUSD.org/families